

POLICY & RESOURCES COMMITTEE

WEDNESDAY 11th DECEMBER 2019

FUNDING AGREEMENT WITH MIND MONMOUTHSHIRE

1. PURPOSE OF THE REPORT

- 1.1 To set out the broad terms for a funding agreement with Mind Monmouthshire.

2. BACKGROUND

- 2.1 In November 2019, Mind Monmouthshire made a presentation to Policy & Resources setting out what they do and the financial challenges the organisation faces from April 2020.
- 2.2 As a result, the Town Clerk has had a further meeting with Matthew Pritchard from Mind Monmouthshire to discuss potential financial support. The Town Clerk has also introduced Matthew Pritchard to the Town Clerks in Monmouth, Caldicot, Chepstow and Usk and to the North Monmouthshire Community Councils.

3. CURRENT LEVEL OF ACTIVITY

- 3.1 The stats (year to date) below are for the NP7 postcode area which covers a much larger area than the five wards in Abergavenny. The infographic attached contains stats for the whole of Monmouthshire.
- Mind Monmouthshire groups have supported 103 different people with 780 attendances
 - Through IAA work, have supported 234 people with 436 attendances.

Courses

Understanding anger course x 1

Confidence building x 3

Anxiety management x2

Depression Management x 2

Stress busting course x 1

My generation x 1

Walk and talk sessions x 16

4. BROAD TERMS FOR A FUNDING AGREEMENT

- 4.1 Mind Monmouthshire is requesting £15,000 per year for three years from Abergavenny Town Council. This would enable Mind Monmouthshire to continue Wellbeing Services in Abergavenny by employing a worker approx. 2 days.
- 4.2 This proposed level of funding of £15,000 is greater than the funding to CAB which is £12,000 a year.
- 4.3 The IAA (information, advice and assistance) strand of their work which is not funded from April 2020, is the subject of ongoing discussions with MCC.
- 4.4 The Counselling strand has funding for a further year, however Mind Monmouthshire's funding to provide counselling in schools has ceased. Counselling in KHS is however still offered and provided by the company Platform and mental health, emotional or wellbeing support is offered in schools and community settings by the SHIFT project run by MCC.
- 4.5 Mind Monmouthshire is proposing the following deliverables:

Deliverables:

Provide children and young people with the best possible start in life

- To provide a variety of well-being activities to adults (parents, carers and grandparents) to support families to improve their ability to manage and maintain positive mental health and personal resilience.
- To maintain an **open door in Abergavenny** for families to access services and support for mental health issues.

Respond to the challenges associated with demographic change

- Provision of My Generation recovery/self-management courses for people aged 50 +.
- Support and develop volunteer opportunities
- Provision of community activities for example Walk and talk mental health sessions.
- To provide services in accessible venues (where possible) to improve take up of services and accessibility.

Develop opportunities for communities and businesses to be part of an economically thriving and well-connected county.

- To actively seek and develop links and involvement from local businesses
- Where possible make businesses aware of the mental health support services that can be accessed
- Provide opportunities for local businesses to support their local mental health charity Mind Monmouthshire
- To use local suppliers where possible
- Support citizens to access community-based activities

Protect and enhance the resilience of our natural environment whilst mitigating and adapting to the impact of climate change.

- Actively promote the benefits of the outdoors, and being physical active has on people's mental health and well-being in Abergavenny.
- Reduce paper through using alternatives such as social media, text service.
- Recycle where possible and reduce waste.

Performance Measures:

- Use Warwick and Edinburgh mental health scale/tool to highlight impact and improvement to people's mental health and wellbeing
- Number of clients
- Age demographic
- Volunteer opportunities/hours
- Additional funding secured
- Evidence of partnership working
- Case Study's
- Impact report

5. WAY FORWARD

- 5.1 To agree a level of funding to Mind Monmouthshire and whether the duration is 1, 2 or 3 years. Suggested that it no more than the amount given to CAB. Please note a provisional sum of £10,000 has been included in the budget report.
- 5.2 Following agreement of the level of funding, the Town Clerk can draft a partnering agreement with Mind Monmouthshire and bring back to Policy & Resources for final approval.

Wellbeing

439 people supported

This included at least...

1,473 attendances at self-management courses, peer support/open access sessions and wellbeing checks

For each individual that engages in our wellbeing service, on average they will access

4.5 activities

60 Peer & Wellbeing Support Groups delivered in Abergavenny, Caldicot and Monmouth

28 Individuals provided with a recovery support service

19 Self-management courses (6-8 weeks duration) delivered

Including:

- 3x Understanding Anger
- 4x Anxiety Management
- 4x Depression Management
- 6x Confidence Building
- 2x Stress Busting Workshop

Counselling

1189 counselling sessions provided



142 individuals given 1:1 housing support

Supported individuals who were experiencing poor mental health to maintain a tenancy & independent living

Prior to support from Mind Monmouthshire...

87%

of our tenancy clients were homeless, at risk of homelessness or needed support to remain in their own homes

Following support...

97%

individuals in accommodation

Last financial year the local charity supported over

2500 individuals across Monmouthshire working with over **80** partners

Welfare Rights



219 Individuals supported through our Welfare Rights

Service, provided advice on benefit applications, benefit decisions, mandatory reconsiderations and appeals

£930k+

Welfare Rights income gained/maintained direct to individuals, of which

£450k+

is additional income not previously paid to individuals in Monmouthshire

Secondary Schools

200 young people supported across Monmouthshire through the delivery of **32** self-management courses and 1:1 drop in support



8 Student & Volunteer Placements



455 hours gained of on the ground experience



Information, Advice & Assistance (IAA)

IAA addressed **2,295** issues experienced by:

1019 adults and carers at risk of, or experiencing, mental ill-health