

Abergavenny Town Council

Pre Meeting Information

Background

- Local Independent Mental Health Charity formed over 40 yrs supporting the people of Monmouthshire providing free quality services to those in need.
- The charity has a partnership with National Mind, and gain good support, but are very much a local independent charity - many people do get us confused it is vital everyone is aware.
- Vision: To Support and respect anyone living with a mental health problem in Monmouthshire
- Mission: To empower and support anyone living with a mental health problem, deliver excellent services and promote understanding
- Our Values Open, Strong, Responsive, Independent, Unstoppable, Innovative and Ethical
- Supported/funded by two main contracts: Monmouthshire Council supported people & ABUBHB
- Office and staff based in Abergavenny Monk Street, work across the county.

Services

- The local charity delivers a wide range of free services these include: counselling, tenancy support, information advice and assistance, 1-1 recovery, psychoeducational/recovery courses, walking group, well being checks, campaigning, supported living, welfare rights support & they have recently started a farmer's project to support those in need.
- MM Lease 3 houses in Abergavenny, and manage supported living for people with mental health problems to support people to live independently.
- MM have secured funding over the last 2 yrs providing much needed additional mental health and well-being support to Secondary School pupils. Due to funding this service has stopped, however there is clearly a need. MM have worked with King Henry writing a joint bid to try and secure some funds.

March 2019 – April 2019 Outcomes

- Provided vital services supporting over 2500 people at risk of poor mental health across Monmouthshire
- 1189 counselling sessions
- Information, Advice and Assistance (IAA) through 1.5 FTTE staff provided to: 1019 Monmouthshire adults and careers experiencing or at risk of mental health issues, on 2,295 issues.
- Supported 8 student work placements gaining 455 hrs of on the ground experience
- 219 people supported through our welfare rights P/T worker providing advice regarding benefit applications, benefit decisions, mandatory reconsiderations and appeals.
- Welfare rights income gained/maintained over £930K of this amount £461,087.02 (over £450K) is extra resource bought into Monmouthshire to support those in need.
- Supported 439 people through 1.8 FTE wellbeing workers this includes at least 1, 473 attendances at self-management courses, peer support / open access sessions and wellbeing checks.
- 60 Open Access Peer and Wellbeing Support Groups Aber, Caldicot and Monmouth, 121 Recovery Support to 28 individuals, well-being checks, 19 psychoeducational/recovery courses (6 – 8 weeks in duration)
- 1-1 housing support to 142 clients, helping people who are experiencing poor mental health to maintain a tenancy or independent living.
- Prior to support from Mind Monmouthshire 87% of our tenancy clients were homeless, at risk of homelessness or needed support to remain in their own homes. Following support from the Tenancy and Supported Living team 71% of clients were in accommodation and the end of support and 54% were maintaining accommodation independently for 6 months or more.
- Supported over 200 young people across Monmouthshire Secondary Schools through the delivery of 32 self-management courses and 1-1 drop in support
- For every one client that accesses our wellbeing service, on average they will access 4.5 activities provided by the wellbeing team services

Challenges

- Reliant on two main statutory contracts, the charity is at capacity and go above and beyond in their delivery.
- Uncertainty around funding, could lead to possible redundancies and closing of current services.
- Schools are at capacity and need further support and expertise.
- Staff are at capacity but the charity needs more flexibility, to be able to help reach more people.
- A need to ensure people know who we are and the amount the charity does
- Cross street building not in use over the weekend and evening

Support

- Long term partnership with Abergavenny town council sharing knowledge and insight along with help support the charity to provide much needed financial resource
- Financial support to increase capacity and link staff expertise to support King Henry Secondary School
- Could Mind Monmouthshire be your charity of the year
- Promotion of up and coming campaigns and information e.g. Red January
- Provide letter of support to MM to apply for grants and awards
- Help advocate on our behalf, ensuring people know who we are, our history and the work we do.

If there are other ways in addition to the above you could help support we would be happy to discuss please contact Business Development matthew.pritchard@mindmonmouthshire.org.uk