



**ABERGAVENTNY TOWN COUNCIL**  
**COMMUNITY SMALL GRANT SCHEME**  
**APPLICATION FORM 2021/22**

This application form is to be used to submit an application to Abergavenny Town Council Community Small Grant Scheme. Please read the guidance notes carefully before completing the form.

Completed forms to be returned to [Clerk@abergavennytowncouncil.gov.uk](mailto:Clerk@abergavennytowncouncil.gov.uk) or by post to Town Clerk, Town Hall, Cross Street, Abergavenny, NP7 5HD.

**Section 1 – Contact information**

a. Group Name	The Tithe Barn Community Wellbeing Cafe
b. Contact Name	Karen Smith
c. Contact Address	XXXXXXXXXX XXXXXXXXXXXXXXXXXXXX XXXXXXXXXXXXXXXXXXXX XXXXXXXXXXXXXXXXXXXX Postcode NP7 8XX
d. Contact email	karen.smith4@outlook.com XXXXXXXXXXXXXXXXXXXX
e. Position in Group	Founder and chair
f. Contact tel no	XXXXXXXXXX

g. Bank Account  
Details

Name of your organisation's bank account

XXXXXXXXXXXXXXXXXXXXXXXXXXXX

## Section 2 – Tell Us About Your Group

a. Briefly tells us about the activities that your organisation/group undertakes

Crafting 4 Cancer has successfully been running in the Tithe Barn for the past 6 years, supporting people whose lives have been affected by Cancer. At each of our weekly Tuesday morning sessions we support between 12 and 20 people and this support is both emotional and social through the meaningful activity of crafting. The group have become self-reliant, supported by a small group of volunteers, and financially self-sustaining, selling the crafts they create and running a small, but popular, café every Tuesday (open to the public).

An opportunity has now arisen to expand this offering to the wider community, and this new project (which is being supported by both GAVO and MCC) will be known as 'The Tithe Barn Community Wellbeing Cafe'.

b. Charity Details  
(if applicable)

Charity Number

i. VAT Registered?

Yes/No

## Section 3. Tell Us About The Community Project/Activity You Want To Undertake

a. Which objective does this project mainly contribute towards (**please tick one**):

Giving Children and Young People the best possible start in life

Support for community wellbeing inc. volunteering and active citizenship

yes

Supporting an economically thriving community

Protecting and enhancing our natural environment

b. Please give more detail on how your project will meet the objective you selected above.

We have been offered the lease of the Tithe Barn to develop a Community Wellbeing Cafe. Here, groups, advice services, therapies and resources can come together to share information and network. A variety of pre and post diagnosis support groups, counselling space and a public cafe are planned, with sessions being made available to any individual or community group that focuses on maintaining good mental health and emotional wellbeing. Community consultation is being undertaken now, but anticipated examples include Reminiscence Sessions, Respite groups for Carers, Men's Talking Therapies and Stroke Rehabilitation groups etc.

c. Total Project Cost

£3800

d. How much are you applying for from Abergavenny Town Council?

£996.36

e. Have you raised the balance of funds?

(25% of the total project costs should come from other sources)

yes

f. Please specify how you will use the Town Council grant?

This grant proposal aims to cover the cost of community consultations and some of the additional (portable) kitchen equipment required to offer a broader menu during the initial three month trial period (see 'Total Project Cost' above)

CAFE EQUIPMENT:

Display board £105

Utility trolley £80

Tablecloths £62.50

Soup Kettle x 2 £150

Mugs and Aprons £67.50

SUBTOTAL = £465.00

COMMUNITY CONSULTATIONS:

Flipchart Bundle £271.36 (will subsequently be used by community groups/counsellors)

Banners x2 £80.00

Leaflets x 100 £40.00

Posters with A Frames £140

SUBTOTAL = 531.36

TOTAL =£ 996.36

Prices from Viking Direct (stationery) Nisbet (catering equipment) and Honeycomb Printing (Abergavenny)

g. How will your project benefit the community of Abergavenny?

The Tithe Barn/Community Wellbeing Cafe will become a hub for the wellbeing of the whole community, being a venue that is focused on bringing individuals together who have had or are facing similar health challenges. Although there are both other cafes in town and other community centres, this project does not replicate anything already on offer.

The Community Wellbeing Cafe will offer a variety of support groups and activities to meet the identified needs of the community (these needs will be determined from community consultation and ongoing feedback). It will provide a pleasant, but affordable venue where people can meet and socialise, reducing loneliness and developing a sense of companionship and inclusivity. It will provide support to individuals pre and post diagnoses for a variety of conditions, e.g. cancer, dementia and stroke. And it will provide an opportunity for people to volunteer and give back to the community, providing them with a sense of purpose and belonging.

h. If your project involves working with young people does your organisation have a safeguarding policy?

Yes	No
yes	

i. When will your project start and finish?

Start date

May 2024

Completion date

on going

- j. Are there any outstanding permissions i.e. planning permission required before this project can start? If so, please list together with expected dates when permission will be granted

None

#### Section 4

This application is to be signed by a person holding a position in the organisation applying for the grant. Before submitting the application please ensure that you have all the additional information as set out in the guidance.

Signed

*[Handwritten signature]*

On behalf of  
(name of group)

CRAIG 4 CANCER

Date

8/4/2024