



SUMMER 2024



MonLife



Mission:

To promote healthier lives and inspirational experiences, and promote the vibrancy of Monmouthshire as a great place to be.



Vision:

Enriching people's lives and creating vibrant places.



Aims:

- Enrich people's lives through participation and activity
- Build strong communities in Monmouthshire
- Developing leadership skills for our future generations



Values:

- Openness
- Fairness
- Kindness
- Flexibility
- Teamwork

Summer Provisions

The Monmouthshire Games (TMG) – TMG is an all-day sports provision delivered across our four MonLife Leisure Centres. The programme aims to promote learning of new skills, develop confidence, meeting new people, and most importantly having fun through sport. Each day is action-packed, with a range of sporting activities for children and young people to enjoy.

Food and Fun – The Food and Fun scheme is a school-based education programme that provides food and nutrition education, physical activity, enrichment sessions, Play and healthy meals. The program also enabled families to be provided with a Bag Bwydd which contained a wide selection of staple food items. Through working with partners in Education and Social Services, the team have delivered the programme across four Monmouthshire Primary School settings this summer for a total of five weeks, with the full impact demonstrated below.

Active Play / Stay and Play – Both our Active Play and Stay and Play sessions run throughout most school holiday periods. This summer they ran once a week from Chepstow and Abergavenny. These 2-hour sessions encompassed the Playwork principles as highlighted in 'Wales – A Play Friendly Country Policy'. The Playwork principles state that the play process for children should be freely chosen, intrinsically motivated and personally directed. The children were given the opportunity to choose from a variety of resources and activities that would support their physical, emotional, social, cognitive, and creative development. The team have delivered sessions in Abergavenny, Chepstow, Magor and Undy, and Wyesham this summer.



MonLife Active

Summer Headlines 2024



703



children attended The
Monmouthshire Games
across our four leisure centres

3,170



total bookings for The
Monmouthshire Games
across our four leisure centres

418



attendances at 'Free Swim'
sessions across our four
leisure centres

1,547

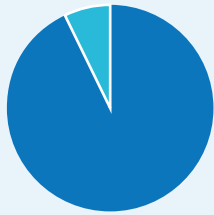


children attended Monmouth
Play Centre throughout
the Summer Holidays



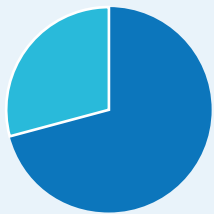
The Monmouthshire Games

Summer Headlines 2024



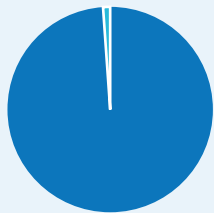
86%

of children said they had met a new friend



77%

of children tried a new sport that they hadn't before



97%

of children said they would come back again



9.4



average rating for how friendly staff were

9.1



average rating for how much fun the kids had

8.4



average rating for how likely they are to recommend us to family or friends

(TAKEN FROM 343 CHILDREN WHO ATTENDED THE MONMOUTHSHIRE GAMES)

MonLife Connect

Summer Headlines 2024



774

children were supported
through MonLife Summer
Play Provisions



8,950

meals provided across
ALL our summer
provisions



617

children supported
through our food
and fun provision



4,445

total attendances
for our food and
fun provision



41.8%

of children eligible for
free school meals took
part in Food and Fun



258

children in receipt of
free school meals
attended Food and Fun



7

partners worked with
us to help carry our
Summer Provisions



157

Children were supported
via our 'Active Play' and
'Stay & Play' sessions

MonLife Connect

Summer Headlines 2024



168

number of inclusive attendances at our summer play provisions



1,410

total hours of play provided throughout the summer via our play provisions



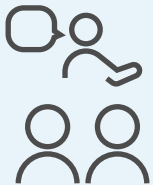
400

people attended our National Play Day event at Caldcot



508

individuals engaged with across our youth centres, trips and outreach work



3,123

contacts were made with young people via our youth centres this summer



90

youth centre sessions took place throughout the summer holidays



MonLife Heritage

Summer Headlines 2023



396

children attended craft sessions arranged by MonLife Heritage Museums



98%

of feedback from MonLife Heritage Museum craft sessions were positive



960

people attended Outdoor Theatre Events at Abergavenny Castle

“

“Everything you've done has been really good this summer holidays”

- **Parent of Child attending craft sessions**

”

“

“Been an amazing way to spend quality time with my grandson”

- **Grandparent of Child attending craft sessions**

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